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NEWSLETTER – Spring 2014

Welcome to the first edition of the newsletter for the SEAT MCN for CSA. The MCN started in 2009 and I have been fortunate to be the network manager for the last 2 years meeting and working with many different professionals from across the region. The last few months have been busy working collaboratively with other networks to develop education and training as well as the development of the Interregional Child Protection Forum. In the coming months we will produce the Annual Report for 2013 and focus on the development of the next Workplan.

Susan McGill

About the MCN

South East and Tayside Regional Planning Group (SEAT) established a Regional Managed Clinical Network for Child Sexual Abuse (MCN for CSA) to address the challenges facing the health boards within this area of work specifically succession planning and availability of a 24/7 service.

The MCN covers the Health Boards encompassed by SEAT which are NHS Borders, NHS Lothian and NHS Fife. NHS Tayside is a learning partner. The MCN is accountable to the SEAT Planning Group and also reports to the SEAT's Children and Young People's Health Service Planning Group.

The aim of the Managed Clinical Network for Child Sexual Abuse is to support and facilitate the delivery of consistent, equitable, high quality services to meet the needs of children and young people and their families in South and East Scotland who may have been victims of sexual abuse.

Clinical Lead Update

I took over the position of Lead Clinician in June 2013 after Dr Hammond's retirement and have enjoyed working with Susan McGill over the last 8 months continuing the progress of our MCN.

The monthly peer review sessions have been well attended and are being developed to provide an educational element with topics of interest at the end of the peer review. In January a session with Gillian Moreton of the Rivers Centre and Elayne McBride from the Meadows Project highlighted the professional support needs of clinicians engaged in this type of clinical work.

We continue to work with our technical colleagues in video-conferencing and eHealth to try and improve this facility for use in peer review. 'Going to Court' is commonly viewed as stressful and we were very grateful to the Children's Reporters and Sheriff McIver for giving their time to a December evening at the Sheriff Court discussing court process and giving advice to paediatricians on how to present their evidence. We intend to run further court skills events in future.

We welcome the new Consultants that have been appointed over the last few months and have joined the MCN. We hope they will be interested in joining the subgroups and contributing fresh ideas and suggestions.

Jane Macdonell

MCN for CSA Website

The MCN CSA website contains information and is available to the public as well as having a protected member's area. You will find information on:

- Protocols and standards
- Minutes of meetings
- Events
- · Presentations and publications

Contact Sharon Foster at s.foster1@nhs.net for more information on accessing the member's area.

MCN for CSA Steering Group

The MCN Steering Group continues to lead and monitor the work of the MCN in achieving its aims. The Group has a wide spread of multi-agency representatives from Health, Police, Forensic Medicine, Social Work and the Crown Office.

The MCN CSA Steering group is chaired by Dr Sheena MacDonald, Medical Director NHS Borders and cochair is Dr Edward Doyle Associate Medical Divisional Director Women's and Children's services RHSC Edinburgh.

The group meets 4 times a year in March, June, September and December. Minutes of the steering group are available on the MCN website.

MCN Clinical Operational Group

The MCN Clinical Operational Group has clinical representation from each of the board areas and is chaired by Dr Jane Macdonell. The group meets every second month following peer review.

A key objective of the group is to review and update existing protocols and standards as well as develop new ones. These are all available on the MCN website with hard copies being available for clinicians.

New protocols are

- Presenting acutely (Vulval/anal bleeding) who may have been sexually assaulted
- Forensically clean facilities in a paediatric setting

MCN Education & Training Sub Group

The MCN Education & Training Subgroup has recently been re established and plans to meet 3-4 times per year. A draft training and education strategy has been developed for consultation.

The top 5 requests for further training are

- Colposcopy update
- Court skills
- Report Writing
- Scottish Legal Framework & Procedures
- Sexual Health (STI & contraception)

Key training delivered in 2013/14 is

- Clinical Skills Evaluation course for CSA
- Introduction to Court Skills

Further courses planned in the Autumn 2014 are Advanced Court Skills course and Clinical Skills Evaluation course update.

Peer Review Meetings

Peer review meetings are held every month where clinicians can present and discuss the previous month's cases and coffee is even provided!

Meetings are attended by Paediatricians, Trainees and Forensic Medical Examiners. The plan for 2014 is to extend some peer review sessions to include a topic for training and support. VC facilities are provided and meetings in April and October will be held in the evening to allow attendance for those who have daytime clinical commitments. A library of learning points from the meetings continues to be developed and shared.

Key dates: 25/3/14 9.30am –12.00pm - Gill Moreton, Riverside Centre (11am-12pm)
29/4/14 18.30pm – 20.30pm - Evening Peer Review
27/5/ 14 9.30am – 12.00pm - Elayne McBride, Meadows Project (11am-12pm) TBC
24/6/14 9.30am – 12.00pm - Dr S Hardman, Practical STI Screening (11am-12pm)

Full details are available on the MCN website.

Data

The MCN CSA keeps data on all cases examined.

- Each year approximately 200 cases are examined in the region with 30 cases out of hours
- All cases are reviewed to monitor the timings of examination are appropriate and in the best interests of the child and family as well as meeting clinical and forensic need

Full data reports are available on the MCN Website.

Work with other Networks

The MCN CSA works in collaboration with the North of Scotland (NoS) Child Protection Regional MCN and the West of Scotland (WoS) Child Protection Regional MCN.

NoS Clinical lead is Dr Joy Mires and Network Manger is Anne-Marie Pitt.

WoS Clinical Lead is Dr Jean Herbison and Network Manager is George Laird.

An Interregional Child Protection Forum of senior clinicians meets monthly to present and audit complex cases. Mentorship and support for the senior clinicians involved in the forum has been developed and this will be evaluated at 6 and 12 months.

Other work the MCNs have jointly participated in is providing joint education and training as well as sharing information such as patient involvement.

EVENTS OF INTEREST

WoS Child Protection Network Conference – Non-Accidental Injury Conference – 6 March 2014 Celtic Park, Glasgow. For further details please contact Michelle Nolan, MCN Administrator at GG-UHB.ChildProtectionConference@nhs.net

Clinical Skills Evaluation 2 Day Course – 21-11 March 2014, School of Community Paediatrics, Edinburgh. **This course is now fully subscribed**.

Advanced Court Skills 2 Day Course – 5th & 6th September 2014. For further information please contact Claire Burnett at RCPCH on 0131 247 3644 or email claire.burnett@rcpch.ac.uk

Advanced Clinical Skills CSA Evaluation – 1 Day Update – October 2014 – date to be confirmed.

We would welcome contributions to future editions of the newsletter from colleagues. Please send these to s.foster1@nhs.net