

Managed Clinical Network for Child Sexual Abuse

NEWSLETTER – Summer 2015

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Welcome to the Summer edition of the newsletter for the SEAT MCN for CSA. We hope you enjoy reading about the Network and if you would like to know more about any of the items please get in touch.

Clinical Lead Update

The launch of the revised RCPCH 'purple book' on Physical Signs of Child Sexual Abuse 2015 in April was followed by a CSA one day update course held in Stirling in June and organised jointly by the MCNs from SEAT, North and West of Scotland. Over 50 paediatricians and forensic physicians attended and appreciated the presentations from national experts in the field which highlighted new clinical evidence in CSA.

The 3 networks continue to collaborate on common issues and are now planning a further 2 day CSA training course in March 2016. A flyer will be distributed soon confirming dates and venue. Please contact Susan McGill or Sharon Foster if you would like more information.

Recent meetings across the region with general paediatricians have supported the proposal of expanding into an MCN for Child Protection. The next meeting of the Clinical Operational Group will extend membership to general paediatric representatives from Lothian, Fife and Borders. We aim to establish a work plan which addresses shared regional issues.

Finally, we would like to welcome Dr Barbara Stewart and Dr Ailis Orr to their new Consultant posts in Lothian Community Child Health. We look forward to working with you!

We would welcome contributions to future editions of the newsletter from colleagues. Please send these to s.foster1@nhs.net

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Service User Involvement Project with Children 1st and ParentLine

This is a joint initiative between NHS Lothian and Children1st which has been funded through a grant from Edinburgh and Lothian Health Foundation. ParentLine will gather the views of parents/carers of children/young people who have undergone a medical examination to help inform planning for future services. The project commenced in October 2014 with the implementation of the parents' questionnaire at the beginning of January 2015. The questionnaire will continue for 1 year ending 31 December 2015. In the first 6 months there have been 18 referrals and 12 questionnaires completed which is within the recognised response rate for a telephone survey.

Overall the response to the questions has been very positive. The role of the medical staff regarding their explanations, before and after the examination and their sensitivity and understanding of how the child was feeling during the examination is extremely positive.

Parents/carers reported that their child/young person coped well with the examination. The very young ones are reported to have coped very well.

*"I think she coped extremely well. She was really brave"
"She left happy, so guessing she found it okay. Just like a normal trip to the Doctors"*

We look forward to the completion of this project at the end of 2015 and the final report.
The MCN is also working with Children1st to look at appropriate information for users of the service.

The leaflet "Why my Child" is a guide for parents of children who have been sexually abused published by Kidscape. The guide discusses "What is Child Sexual Abuse", children's reactions and parents feelings as well as how to respond to children and others.

The MCN has purchased a number of these guides to give to parents/carers and they are available in the clinical rooms. Please contact s.foster1@nhs.net if you require more copies.

Inter-Regional Child Protection Forum for Complex Cases

In response to anticipated challenges relating to retirement and succession planning in the provision of specialist child protection advice and support in Scotland, the regional MCNs for Child Sexual Abuse (SEAT) and Child Protection (NoS) have completed a pilot of an Inter-regional Child Protection Forum for Complex Cases. Following this there was successful application for the poster display on the pilot of the Forum at the NHS Scotland event in June 2015.

The Forum for complex cases offers peer support and advice to senior child protection paediatricians managing the most difficult child protection cases has now been implemented and extended to colleagues in the West of Scotland. The Forum meets monthly and is open to paediatricians who are acting in a Lead role in child protection from each NHS Board including those at level 4 working towards level 5.

This has been a significant piece of work and has resulted in the delivery of an effective method of identifying complex child protection cases and offering advice and support to child protection specialist doctors managing these difficult cases in Scotland.

Presenting the Poster "Forum for Complex Cases" at the NHS Scotland Event

Susan McGill, Network Manager MCN CSA SEAT
Anne-Marie Pitt, Child Health Network Manager NoS

- Clinicians reported the Forum was helpful in improving their confidence in managing complex child protection cases and supported continuation beyond the pilot phase
- There were 19 complex cases presented to the Forum. A further 20 complex cases which met the criteria were managed locally, so did not require discussion at the Forum
- In most cases there was support for the presenting clinician's investigation, conclusion and proposed course of action, which was reassuring to the presenting clinician



MCN for CSA Website

Just a reminder that all the latest Protocols are available on the MCN website as well as information on up and coming events. The “Forensically clean facilities in a Paediatric setting” protocol is currently being updated as well as the list of equipment required for examinations. These will be laminated and available beside the colposcopes. Members will also find information on the number of CSA examinations carried out by individual clinicians as well as attendance at peer review.

Contact Sharon Foster at s.foster1@nhs.net for more information on accessing the member’s area.

Peer Review Meetings

Peer Review meetings are held every month where clinicians can present and discuss the previous month’s cases. Meetings are attended by Paediatricians, Trainees and Forensic Physicians.

We have enhanced the learning experience at Peer Review by inviting key speakers along to give a short presentation on a wide range of topics. We have already had a number of informative presentations given at Peer Review this year including a practical session on Forensic Sampling by Kranti Hiremath. This session has now been recorded and will be available soon on the website.

Key dates:

22/9/15 9.30am – 12.00pm – “Disclosure of CSA” Elayne McBride, Clinical Specialist, Meadows service, Child and Adolescent Sexual Trauma Service. Children 1st patient engagement project update.

27/10/15 18.30pm – 20.30pm - Evening Peer Review

24/11/15 9.30am – 12.00pm - Keeping Well, Gill Moreton, Rivers Centre for Traumatic Stress

15/12/15 9.30am – 11.30am

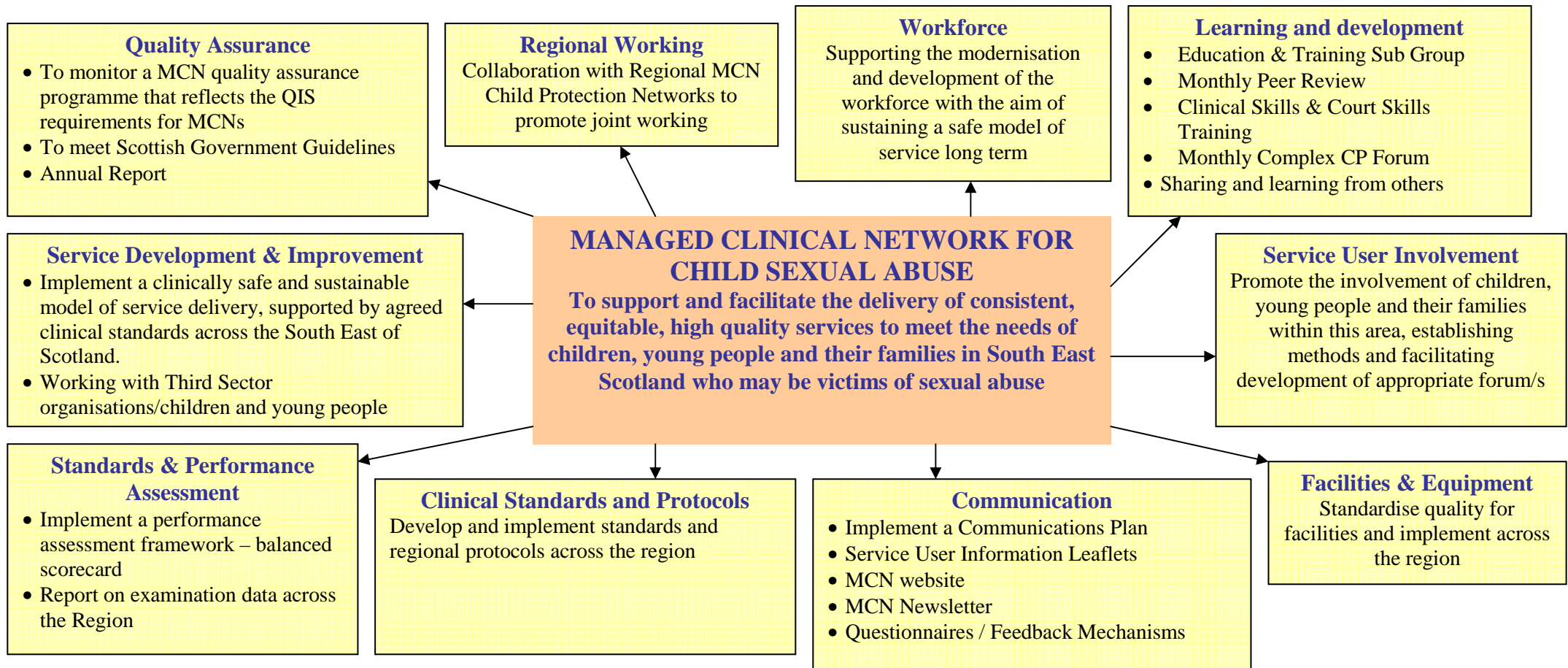
Full details are available on the MCN website.

EVENTS OF INTEREST

2 Day Clinical Skills Evaluation Course – to be offered in March 2016 – dates to be confirmed.

To note interest in course please contact s.foster1@nhs.net

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For more information about the Managed Clinical Network for Child Sexual Abuse, please visit the website at <http://www.mcncsa.scot.nhs.uk/>

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