

Managed Clinical Network for Child Sexual Abuse

NEWSLETTER – Winter 2014

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Welcome to the Winter edition of the newsletter for the SEAT MCN for CSA. We hope you enjoy reading about the Network and if you would like to know more about any of the items please get in touch.

Service user involvement Project with Children 1st and ParentLine

We are delighted to have been successful in gaining funding from Edinburgh and Lothian Health Foundation for £15000 on behalf of NHS Lothian. This money will support Children 1st through the use of ParentLine to gain feedback from parents and carers of children and young people who have undergone a medical examination. We look forward to working with Children 1st and ParentLine over the next year.

Jane Macdonell, Lead Clinician
Susan McGill, Network Manager

ParentLine Scotland is the free, confidential helpline, email and webchat service for anyone caring for, or concerned about a child. Our training is recognised by COSCA, the counselling and psychotherapy body, based in Scotland. ParentLine volunteer call-takers commit to over 40 hours of training and are supervised on each shift by a paid member of staff.

We take calls from the public about a wide range of issues, where we offer support, information and advice, and where appropriate, signpost to other agencies. In addition to this we have, over the years, successfully carried out a number of telephone surveys and recently telephone evaluations.

We are delighted to be working in partnership with NHS Lothian to harness the views of families, to provide a better service in future.

Jill Cook, Manager
ParentLine

Clinical Lead Update

One of the highlights for the MCN this year was the 'Witness Familiarisation' Court Skills course conducted by Betty Bott on the 9th November. Betty is a lawyer with a wealth of experience in child protection as a member of the Crown Office and Procurator Fiscal Service. Candidates had both theoretical and role play scenario training. The course was evaluated very highly. We are considering further courses in 2015.

Over 2014 we have collaborated with the West of Scotland and North of Scotland Child Protection MCNs to look at common issues and solutions. We have reached the stage in our MCN when we are ready to explore whether we should broaden our remit beyond Child Sexual Abuse. In 2015, we intend to arrange meetings with key stakeholders to discuss the potential benefits of this move.

We thought it would be useful for readers to have an overview of the objectives of the MCN. This is provided on the last page.

We would welcome contributions to future editions of the newsletter from colleagues. Please send these to s.foster1@nhs.net

Child Sexual Exploitation

Barnardo's have made major progress, working with the Scottish Government and local child protection agencies to improve the way CSE is tackled in Scotland. The link below to the document published by Barnardo's shows that lessons must be learnt from everything that happened and failed to happen in Rotherham if we are to be certain that we are doing our best to protect children from this horrific abuse in Scotland.

Barnardo's 15 Lessons for Scotland - from the Jay Report into Child Sexual Exploitation in Rotherham (A Barnardo's Scotland discussion paper)

http://www.barnardos.org.uk/learning_the_lessons_from_the_jay_report_into_child_sexual_exploitation_in_rotherham_for_scotland.pdf

The Scottish Government has published 'Scotland's National Action Plan to Tackle Child Sexual Exploitation'. See link below. It represents a comprehensive and ambitious strategy for addressing this complex challenge. It builds on work that has been happening across Scotland, bringing together examples of local best practice with national strategy, and will help us ensure that we are taking the necessary steps to put our commitment to protecting all our young people into action.

Scotland's National Action Plan to tackle Child Sexual Exploitation (Nov 2014)

<http://www.scotland.gov.uk/Resource/0046/00463120.pdf>

Child Sexual Exploitation training

The 3 Child Protection MCNs in Scotland have organised "Just Whistle" to deliver a one day training course on Child Sexual Exploitation. The course can take 25 participants and is open to clinicians working in child protection. There are 2 one day courses being held - 18 March 2015 and 25 March 2015 venue and costs TBC. The course will cover:

Full day CSE training

- What is CSE?
- Psychology of victims – vulnerabilities, impact of CSE, indicators of CSE, cycle of abuse
- Psychology of perpetrators – grooming, CSE models, methodology, characteristics, model of abuse
- CSE and consent
- CSE and the Law
- Engaging young people affected/at risk of CSE
- Myth busting, stereotyping and misconceptions
- Sharing and recording information
- Resources and tools

MCN for CSA Website

The latest updated Protocols are now available on the MCN website as well as information on up and coming events. Members will also find information on the number of CSA examinations carried out by individual clinicians as well as attendance at peer review.

We are also working with Children1st to improve the information available for children, young people and their families on the website.

Contact Sharon Foster at s.foster1@nhs.net for more information on accessing the member's area.

MCN Clinical Operational Group

The MCN Clinical Operational Group reviewed and updated existing protocols and standards for 2014 as well as developed new ones. These are all available on the MCN website and the main changes will be presented at Peer review in January 2015. Consultation is currently out on the forensic paediatric proforma - for feedback on any changes please submit to susan.mcqill@nhslothian.scot.nhs.uk

MCN Education & Training Sub Group

The MCN Education & Training Subgroup has now implemented the training and education strategy.

Following a further training needs analysis in 2014 the main requests for further training are:

- Colposcopy update
- Court skills and Report Writing
- Forensic sampling
- Sexual Health/HepB and PEP timing including case discussions
- Genital wart guidance
- Staying well emotional & psychological health at work
- Paediatric gynaecology clinical conditions and abnormalities

Most of these topics will be covered at Peer review sessions and on separate training days.

Good news is that our first teaching DVD has been created and is available on the MCN website. This is on STI screening and we plan to record another DVD on forensic sampling in the New Year. Requests for other teaching DVDs are welcome.

Many thanks to Medical Photography and Dr Sarah Hardman for assisting us with this piece of work.

Peer Review Meetings

Peer review meetings are held every month where clinicians can present and discuss the previous month's cases. Coffee is provided!

Meetings are attended by Paediatricians, Trainees and Forensic Physicians. The draft plan for 2015 is below. VC facilities are provided and meetings in April and October will be held in the evening to allow attendance for those who have daytime clinical commitments. A library of learning points from the meetings continues to be developed and shared.

Key dates:

27/1/15	9.30am – 12.00pm – Update on Protocols (11am-12pm)
24/2/15	9.30am – 12.00pm – Forensic sampling Kranti Hiremath (11am-12pm)
24/3/15	9.30am – 12.00pm - Either case discussion on STI or report writing (11am-12pm) TBC
28/4/14	18.30pm – 20.30pm - Evening Peer Review
26/5/15	9.30am – 11.30am – Update on patient engagement Children 1 st (11am-11.30am)
23/6/16	9.30am – 12.00pm – What's new from the purple book (11am-12pm)
28/7/15	9.30am – 11.30am
25/8/15	9.30am – 11.30am
22/9/15	9.30am – 12.00pm – Keeping well Gill Moreton TBC
27/10/15	18.30pm – 20.30pm - Evening Peer Review
24/11/15	9.30am – 12.00pm - Either case discussion on STI or report writing (11am-12pm) TBC
15/12/15	9.30am – 11.30am

Full details are available on the MCN website.

EVENTS OF INTEREST

Clinical skills CSA 1 day update – 5 June 2015 Stirling TBC

Child Sexual Exploitation training – There are 2 one day courses being held - 18 March 2015 and 25 March 2015 venue and costs TBC.

To note interest in any of these course please contact s.foster1@nhs.net

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